## Requirements for Obtaining a Plenary Indulgence for the Jubilee Year of Hope

- Visit the Jubilee Cross at St. Agnes
  Cathedral
- Make a Sacramental Confession shortly before or after the visit to the Jubilee Cross
- Be spiritually detached from sin
- Receive Jesus truly present in the Holy Eucharist
- Pray for the Holy Father and his intentions

"This is the Jubilee. This is the season of hope in which we are invited to rediscover the joy of meeting the Lord."