

One Family-Journeying together in Communion, Participation and Mission



A Special Thank you to our veterans this month for protecting our freedom by serving our country. May God bless you and your family.



On November 1st We Celebrate the Lives of the Saints

We celebrate All Saints' Day on November 1, a day set aside to honor all of the saints, known and unknown who have attained heaven. The USCCB defines saints as "persons in heaven (officially canonized or not), who lived heroically virtuous lives, offered their life for others, or were martyred for the faith, and who are worthy of imitation." The significance of All Saints Day lies in its reminder of the ultimate goal of the Christian life to achieve sanctity and be united with God. The saints serve as inspiring examples of faith, devotion, and virtue for Catholics to emulate in their own lives.

Here are ways we can honor and celebrate the saints that have come before us:

- Attend a special All Saints' Day Mass at your local parish.
- Learn about the Saints by taking the time to study the lives of various saints, their stories, virtues, and their impact on the Church and the world. You could read biographies, watch documentaries, or attend talks about specific saints. Formed.org has inspiring audio content, movies, e-books, and family-friendly kid's programming.
- Pray the Litany of the Saints, a traditional Catholic prayer that

invokes the intercession of numerous saints. It's often recited during All Saints' Day Mass and is a way to honor the saints and seek their prayers.

- Create a Family Saint Book by encouraging children and family members to research and learn about different saints. Create a scrapbook or a digital record of their favorite saints, including a brief biography and the virtues they exemplified.
- Attend a Holy Hour or Adoration before the Blessed Sacrament, reflecting on the lives of the saints and seeking their intercession for your own spiritual journey.
- Perform acts of charity by emulating the virtues of the saints by engaging in acts of charity, kindness, and service to others. This can include volunteering, donating to the needy, or assisting those in your community.
- Cook a special meal that represents the culture or region of a particular saint and share it with family and friends. This can be a way to honor and learn about different saints while enjoying a communal gathering.

All Saints' Day is a time for us to reflect on the lives of the saints, draw inspiration from their faith, and recommit ourselves to a life of holiness and service in the footsteps of those they exemplified.

TO READ MORE CMA BLOG ARTICLES CLICK HERE

CATHOLIC CHARITIES Project Veterans Independence

This Veterans Day honor a veteran and show gratitude for their service by supporting programs that help them and their families. Charles spent 17 years deployed at military bases throughout the world. Returning home after an incident involving nerve gas, he began struggling with debilitating bouts of anxiety and depression.

His circumstances worsened and he couldn't maintain a steady job. Charles moved in with his mother, but within a year she died and his childhood home went into foreclosure.

"I was out of the service, out of a family, out of a job and out of a home. Catholic Charities found Catholic Charities' *Project Veterans' Independence*, which guides homeless veterans into permanent housing so they can live independently and have access to support networks that get them back

me and helped me to not only find a place to live - but they helped me to turn my life around."

- Charles, honorably discharged US Veteran

on their feet, reached out and helped Charles.

Your Gifts to the Catholic Ministries Appeal help to make this possible!

DONATE NOW

HAPPENING IN THE DIOCESE

Webinar - Catholic Truths on End-of-Life Planning

We wish to extend to you a personal invitation to our latest Webinar, hosted by the Diocese of Rockville Centre.

PLEASE RSVP BELOW When?

Wednesday, November 8, 2023

1:00 PM - 1:45 PM

This is a free seminar and no solicitations will be made.

Topics covered:

- Catholic teaching on End of Life issues
- Ethical and Religious Directives for Catholic Health Care Services
- Why Euthanasia is not a "good death"
- Medical decision-making
- Choosing a health care proxy
- Finishing Faithful
- Resources

Guest Speakers:

Dr. Lisa Honkanen, MD Director of the Office of Human Life, Family and Bioethics, Diocese of Rockville Centre

Mark Henry, Attorney, CPA and author of <u>Finish Faithful - How to Create a</u>
<u>Lasting Christian Legacy for Your Family.</u>

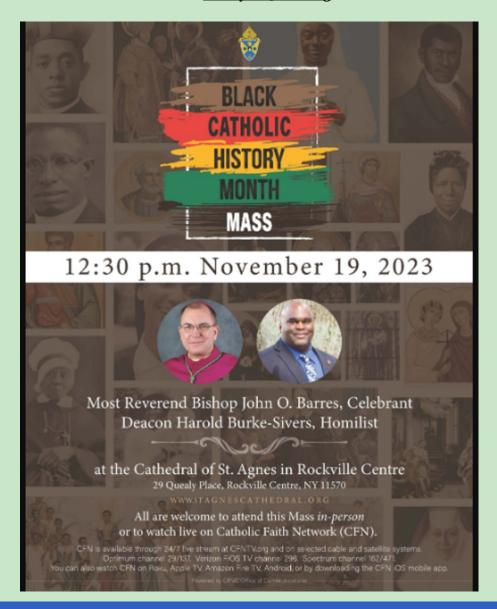
To RSVP, complete the registration link below.

If you have any questions, or would like to email a question ahead of the presentation, please contact Barbara Kilarjian at 516-678-5800 ext. 257 or email bkilarjian@drvc.org

A ZOOM link to the webinar will be sent to you closer to the event.

CLICK HERE TO REGISTER

If you have specific question relating to the Webinar, or any questions concerning Planned Giving, please call Barbara Kilarjian at 516-678-5800 ext. <u>257</u> or email <u>bkilarjian@drvc.org</u>.



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